



Blood Pressure Monitor May Be Available at No Cost*

Medi-Cal now covers selected A&D Medical blood pressure monitors. For eligible patients with a prescription through participating pharmacies, coverage may result in no out-of-pocket cost.



What You Need to Do

1. Talk to Your Doctor

Ask your healthcare provider for a prescription for a home blood pressure monitor. They'll choose the right model and cuff size for you.

2. Go to Your Pharmacy

Bring your prescription to a participating pharmacy. If eligible, the pharmacy will bill Medi-Cal directly, and coverage may result in no out of pocket cost.

3. Start Monitoring at Home

Use your monitor daily to track your blood pressure. This helps you and your doctor manage your heart health more effectively.

Why Home Monitoring?

- Stay on top of your health between doctor visits
- Track your progress and share results with your care team
- Monitor blood pressure changes throughout the day

About A&D Medical Monitors with Medi-Cal Coverage

- Easy one-button operation
- Voice-guided options for accessibility
- Bluetooth-enabled models work with the free A&D Heart Track app
- Clinically validated for accuracy
- Covered by a 5-year warranty

Ask your doctor or pharmacist if you qualify.

For more information about eligible A&D Medical products, visit andmedical.com

*Coverage and reimbursement are subject to Medi-Cal program terms, patient eligibility, and participating provider policies.