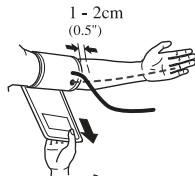


MULTI-USER BLOOD PRESSURE MONITOR

QUICK START CARD
UA-767F / UA-767FAC


1. Lay left arm on the table with palm up. Place the cuff on upper arm.



2. Fasten the cuff tight enough so you can slide two fingers underneath it.



3. Sit comfortably with arm resting on a flat surface, elevated to heart level, palm up.

4. Press  button to select the user ID.
(Battery installation required.)

5. Press START button.

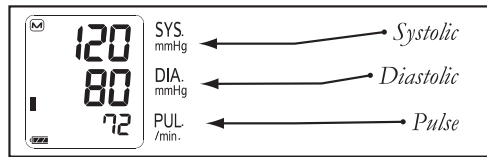


6. Sit quietly as cuff inflates and deflates.

7. Wait for the measurement to complete.

8. When measurement is complete, the cuff deflates automatically.

9. The systolic, diastolic pressure, and pulse rate appear on the digital display.



BLOOD PRESSURE TAKING TIPS

- Compare blood pressure readings taken at the same time each day
- Sit in the same chair/position.
- Do not cross legs and keep your feet flat on the floor.
- Relax for several minutes before measurement.
- Use the correct cuff size to get an accurate reading.
- Sit still during measurement – no talking, eating or sudden movements

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