

LIT:LSLB26 02/09

**THE BLOOD PRESSURE
LOGBOOK**

**DIARIO DE PRESI N
ARTERIAL**

**LE CARNET DE R SULTATS
DE LA TENSION ART RIELLE**

LIFE  SOURCE[®]

WEEK 1
SEMAINE 1
SEMANA 1

Weekly Notes/Notes de la semaine/Notas Semanales

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

4

S		♥ P	S		♥ P	S	♥ P
D			D			D	
		AM/PM			AM/PM		AM/PM
Notes/Notas							

5

S		♥ P	S		♥ P	S	♥ P
D			D			D	
		AM/PM			AM/PM		AM/PM
Notes/Notas							

6

S		♥ P	S		♥ P	S	♥ P
D			D			D	
		AM/PM			AM/PM		AM/PM
Notes/Notas							

7

S		♥ P	S		♥ P	S	♥ P
D			D			D	
		AM/PM			AM/PM		AM/PM
Notes/Notas							

WEEK 2
SEMANA 2
SEMAINE 2

Weekly Notes/Notes de la semaine/Notas Semanales

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S		♥ P	S	♥ P	S	♥ P
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		AM/PM		AM/PM		AM/PM

Notes/Notas

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D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

1

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 3
SEMANA 3
SEMAINE 3

Weekly Notes/Notes de la semaine/Notas Semanales

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

S		♥ P	S	♥ P	S	♥ P
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		AM/PM		AM/PM		AM/PM

Notes/Notas

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 4
SEMANA 4
SEMAINE 4

Weekly Notes/Notes de la semaine/Notas Semanales

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Notes/Notas

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Notes/Notas

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 5
SEMANA 5
SEMAINE 5

Weekly Notes/Notes de la semaine/Notas Semanales

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Notes/Notas

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D			D		D	
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Notes/Notas

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

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		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 6
SEMANA 6
SEMAINE 6

Weekly Notes/Notes de la semaine/Notas Semanales

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Notes/Notas

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Notes/Notas

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D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 7
SEMANA 7
SEMAINE 7

Weekly Notes/Notes de la semaine/Notas Semanales

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Notes/Notas

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Notes/Notas

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		AM/PM		AM/PM		AM/PM

Notes/Notas

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		AM/PM		AM/PM		AM/PM
Notes/Notas						

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		AM/PM		AM/PM		AM/PM
Notes/Notas						

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 8
SEMANA 8
SEMAINE 8

Weekly Notes/Notes de la semaine/Notas Semanales

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		AM/PM		AM/PM		AM/PM

Notes/Notas

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D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

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D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

5

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D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

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		AM/PM			AM/PM			AM/PM
Notes/Notas								

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D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

WEEK 9
SEMANA 9
SEMAINE 9

Weekly Notes/Notes de la semaine/Notas Semanales

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Notes/Notas

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Notes/Notas

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Notes/Notas

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		AM/PM		AM/PM		AM/PM
Notes/Notas						

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		AM/PM		AM/PM		AM/PM
Notes/Notas						

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 10
SEMANA 10
SEMAINE 10

Weekly Notes/Notes de la semaine/Notas Semanales

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Notes/Notas

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Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
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Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
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Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 11
SEMANA 11
SEMAINE 11

Weekly Notes/Notes de la semaine/Notas Semanales



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S		♥ P	S	♥ P	S	♥ P
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		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S		♥ P	S		♥ P
D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

5

S		♥ P	S		♥ P	S		♥ P
D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

6

S		♥ P	S		♥ P	S		♥ P
D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

7

S		♥ P	S		♥ P	S		♥ P
D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

WEEK 12
SEMANA 12
SEMAINE 12

Weekly Notes/Notes de la semaine/Notas Semanales

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Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 13
SEMANA 13
SEMAINE 13

Weekly Notes/Notes de la semaine/Notas Semanales



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D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
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		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

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D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 14
SEMANA 14
SEMAINE 14

Weekly Notes/Notes de la semaine/Notas Semanales

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S		♥ P	S		♥ P
D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

5

S		♥ P	S		♥ P	S		♥ P
D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

6

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D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

7

S		♥ P	S		♥ P	S		♥ P
D			D			D		
		AM/PM			AM/PM			AM/PM
Notes/Notas								

WEEK 15
SEMANA 15
SEMAINE 15

Weekly Notes/Notes de la semaine/Notas Semanales

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S		♥ P	S	♥ P	S	♥ P
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		AM/PM		AM/PM		AM/PM

Notes/Notas

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		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 16
SEMANA 16
SEMAINE 16

Weekly Notes/Notes de la semaine/Notas Semanales

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S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 17
SEMANA 17
SEMAINE 17

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 18
SEMANA 18
SEMAINE 18

Weekly Notes/Notes de la semaine/Notas Semanales

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S

♥ P

S

♥ P

S

♥ P

AM/PM

AM/PM

AM/PM

Notes/Notas

1

S

♥ P

S

♥ P

S

♥ P

AM/PM

AM/PM

AM/PM

Notes/Notas

2

S

♥ P

S

♥ P

S

♥ P

AM/PM

AM/PM

AM/PM

Notes/Notas

3

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 19
SEMANA 19
SEMAINE 19

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 20
SEMANA 20
SEMAINE 20

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 21
SEMANA 21
SEMAINE 21

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 22
SEMANA 22
SEMAINE 22

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 23
SEMANA 23
SEMAINE 23

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 24
SEMANA 24
SEMAINE 24

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 25
SEMANA 25
SEMAINE 25

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

WEEK 26
SEMANA 26
SEMAINE 26

Weekly Notes/Notes de la semaine/Notas Semanales

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1

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

2

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

3

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM

Notes/Notas

4

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

5

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

6

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

7

S		♥ P	S	♥ P	S	♥ P
D			D		D	
		AM/PM		AM/PM		AM/PM
Notes/Notas						

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