

BLOOD PRESSURE MEASUREMENT

A&D
A&D Medical

Before measurement

- Either arm can be used for measurement
- Sit upright with your back supported
- Do not cross your legs
- Adjust chair height until your heart is level with cuff unit

Insert your arm and relax for a moment.

- Place your elbow on the elbow rest (with dotted line to circled location)



Press START/STOP button.

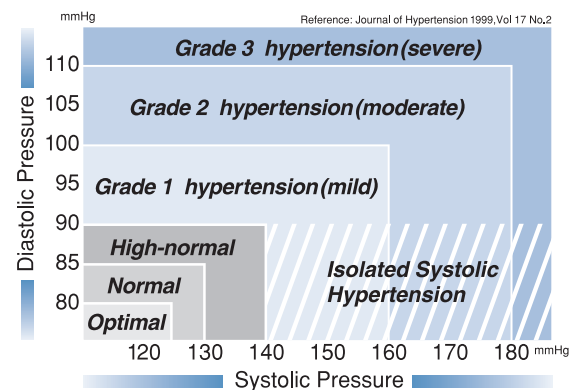


During measurement

- Relax and remain still.
- Do not talk.

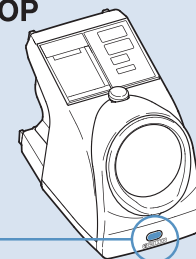
NOTE:

Your blood pressure varies throughout the day. This unit helps you measure your blood pressure, but it does not replace regular consultations with your doctor or health care professional.



If the event of an emergency, press the FAST STOP button.

FAST STOP



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